



Pathway: Food Science, Dietetics and Nutrition

Get the Facts:

Dieticians or Nutritionists plan and conduct food service or nutritional programs to assist in the promotion of health and control of disease. They may also supervise activities of a department providing quantity food services such as a hospital or care center, counsel individuals or conduct nutritional research.

Food Scientists use chemistry, microbiology, engineering, and other sciences to study the principles underlying the processing and deterioration of foods; analyze food content to determine levels of vitamins, fat, sugar, and protein; research ways to make processed foods safe and healthful; determine the best ways to process, package, preserve, store, and distribute food.

Workforce Trends:

Employment of Dietitians and Nutritionists is projected to GROW 16 percent from 2014 to 2024, much faster than the average for all occupations. Job prospects are good as a result of increasing emphasis on disease prevention through improved dietary habits.

Dietitians or Nutritionists who have earned a bachelor's degree or certification in a specialty area may enjoy better job prospects.

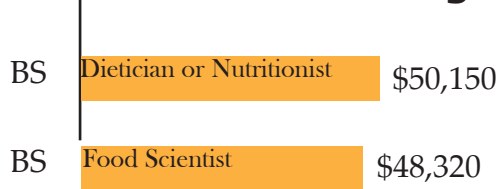
Food Science, Dietetics and Nutrition are:

- High demand
- Medium wage
- High skill

Occupation Outlook:



The Utah statewide annual median wage:



Sample Career Occupations:

- Dietitian
- Food/Drug Inspector
- Food Scientist
- Food Technologist
- Medical Dietitian
- Nutritionist
- Food Product Development
- Quality Assurance/Food Safety
- Food Processing Engineering
- Government Agencies (FDA, USDA)

College and Career:

There are a number of options for education and training beyond high school, depending on your career goals.

- BYU – BS Nutrition, Dietetics & Food Science-- Dietetics, Food Science, or Nutritional Science emphasis
- BYUI - BS Food Science.
- USU – BS Nutrition, Dietetics & Food Science-- Dietetics, Food Science, or Nutritional Science emphasis
- WSU – BS Nutrition Education
- U of U - Nutrition Minor
- UVU – AS Community Health; BS Community Health-- Community Health Education or Health Services Administration emphasis
SUU - BS Human Nutrition-- Allied Health or Pre-Dietetics emphasis
- DSU – N/A
- USU/E – N/A
- LDSBC – N/A
- SLCC – N/A
- SNOW – AS Nutrition