Welcome to Canvas! If you haven't used Canvas before, this cheat sheet should be very beneficial to you! I use Canvas for students in the easiest way possible. Therefore, I am going to share with you some quick tips and tricks for successfully navigating Canvas for health.

1. When logging into Canvas, make sure to use your student email! This will ensure you go to the correct Canvas page.
2. Everything we do for the day will be on the Home Page. The Homepage are modules starting from the first day all up to the last day of class.
3. You will simply find the module for that day (they are in order by date) and complete all items (assignments, quizzes, watch videos, take notes from a PowerPoint, etc.). You can submit your work through the assignment on Canvas.
4. To have quick access for specific quizzes, assignments, announcements, emails, etc. You can simply navigate to the left hand side of the page and select “quizzes” (or whatever it is you are looking for) to have quick access. This will be especially helpful for quiz retakes!
5. Each assignment submission has a Text Entry option as well as a File Upload so you can choose to submit your work however is easiest for you.
6. If it is a quiz, you will “take the quiz” to submit your answers. You select the one you feel is correct, once completed, select “submit” at the bottom of the page.
7. Grades on Canvas are NOT your real grade!!!!! Remember, we do standard based grading… Canvas does not. Therefore you can have an “A” on Canvas and a “B” on PowerSchool. PowerSchool is your grade!! NOT Canvas.

As always, if you have any questions you are ALWAYS welcome to email me!!