

American Leadership Academy Junior High

Course Offerings

2022-2023

Accredited by Northwest Associations of Schools and Colleges

Mission Statement

American Leadership Academy partners with families to provide comprehensive educational experiences, character development through leadership and individualized student learning for college and career preparedness.

American Leadership Academy

898 West 1100 South
Spanish Fork, Utah 84660

Administration Office

Hours: 7:30am – 3:45pm
Phone: 801-794-2226
Fax: 801-794-2130
Website: www.americanleadership.or

ADMINISTRATION

Executive Director: Rich Morley
Principal 7th-8th grade: Rhett Anderson
Business Administrator/Fine Arts Director: Jan Searle



SUPPORT STAFF

Counselor: Jay Nelson 7th-9th grades
Registrar: Kathy James
Powerschool: Kristen Dunford
JH Secretaries: Judy Brunson and Melanie Hunter

School Information

Utah State Classification: 3A
Mascot: Eagle
School colors: Red, White, and Blue

7th-8th Bell Schedule

A-1/B-1	8:00-9:18 (78 min)
A-2/B-2	9:23-10:48 (85 min)
Lunch	10:48-11:23 (35 min)
A-3/B-3	11:28-12:45 (77 min)
A-4/B-4	12:50-2:08 (78 min)
A-5/B-5	2:13-3:30 (77 min)

ALA Junior High Credit Requirements

1. Pass all the required core classes listed below.

Credits Needed	Required Credits	Credits	Class Options to Fulfill Requirements	Grade Level
2.0	English (taught everyday)	1.0	English 7	7
		1.0	English 8	8
2.0	Mathematics (taught everyday)	1.0	Math 7	7
		1.0	Math 8	8
2.0	Science	1.0	Integrated Science 7	7
		1.0	Integrated Science 8	8
1.5	Social Studies	.5	Utah History	7
		1.0	US History I	8
1.0	Fine Arts	1.5	Any Fine Arts Core	7-8
1.0	College & Career Awareness	1.0	College & Career Awareness	7
.5	Digital Literacy	.5	Digital Literacy	8
1.5	Leadership	1.0	Leadership 7	7
		.5	Leadership 8	8
.5	Health	.5	JH Health 8	8
1.0	Physical Education	.5	JH PE 7	7
		.5	JH PE 8	8
	Electives		Complete any other classes offered	

ENGLISH

Course Description	Prerequisites	Credit
<p>English Language Arts 7 JH Language Arts 7 focuses on the mechanics of the English language with emphasis on grammar, vocabulary and the rules of composition, effective reading, writing and language skills. Taught every day. (Required class)</p>	N/A	1.0 2 Sem
<p>English Language Arts 8 JH Language Arts 8 focuses on the mechanics of the English language with emphasis on grammar, vocabulary and the rules of composition, effective reading, writing and language skills. Taught every day. (Required class)</p>	Grade 7	1.0 2 Sem
<p>Secondary Reading 7-8 A course to help struggling readers that focuses on the specific skill level mechanics of the English language with emphasis on skill level grammar, vocabulary, rules of composition, effective and fluent reading, writing and language skills. Required class for students performing at 50% or below proficiency level as determined through NWEA benchmark assessments.</p>	Grades 7-8	1.0 2 Sem
<p>JH Heroes in Film – Creative Writing This course will explore different components of writing; allowing for creativity and exploration of self in written form. (Elective class)</p>	Grade 7-8	.5 1 Sem

English as a Second Language (ESL)

Note: Placement is based on the student’s language proficiency level.

Course Description	Prerequisites	Credit
<p>ESL I Students are instructed on the five different state standards: Social Skills, Social Studies, Math, Science, and English Language Arts. In addition to the standards, students will be discussing cultural issues and other information that will help them pass the language proficiency test that will be taken during the third quarter of the school year. (Elective class)</p>	Grade 7-8	1.0 2 Sem
<p>ESL II Students are instructed on the five different state standards: Social Skills, Social Studies, Math, Science, and English Language Arts. In addition to the standards, students will be discussing cultural issues and other information that will help them pass the language proficiency test that will be taken during the third quarter of the school year. (Elective class)</p>	Grade 7-8	1.0 2 Sem
<p>ESL III Students are instructed on the five different state standards: Social Skills, Social Studies, Math, Science, and English Language Arts. In addition to the standards, students will be discussing cultural issues and other information that will help them pass the language proficiency test that will be taken during the third quarter of the school year. (Elective class)</p>	Grade 7-8	1.0 2 Sem

MATHEMATICS

Note: All students have the opportunity and are encouraged to accelerate their math progress. Students that demonstrate competency will be provided access to the next math level regardless of when that competency is attained during the school year.

Course Description	Prerequisites	Credit
<p>JH Math 7 JH Math 7 students will focus on four critical areas: (1) developing understanding of and applying proportional relationships; (2) developing understanding of operations with rational numbers and working with expressions and linear equations; (3) solving problems involving scale drawings and informal geometric constructions, and working with two- and three-dimensional shapes to solve problems involving area, surface area, and volume; and (4) drawing inferences about populations based on samples. Taught every day. (Required class)</p>	N/A	2 Sem 1.0
<p>JH Math 8 JH Math 8 students will focus on formulating and reasoning about expressions and equations, including modeling an association in bivariate data with a linear equation, and solving linear equations and systems of linear equations; grasping the concept of a function using functions to describe quantitative relationships; and analyzing two and three-dimensional space and figures using distance, angle, similarity, and congruence, and understanding and applying the Pythagorean Theorem. Taught every day. (Required class)</p>	JH Math 7	2 Sem 1.0
<p>JH Secondary Mathematics I Students in JH Secondary Mathematics I will deepen and extend understanding of linear relationships, in part by contrasting them with exponential phenomenon, and in part by applying linear models to data that exhibit a linear trend. Students will use properties and theorems involving congruent figures to deepen and extend understanding of geometric knowledge. Algebraic and geometric ideas are tied together. Students will experience mathematics as a coherent, useful, and logical subject that makes use of their ability to make sense of problem situations. Additionally, topics involving matrices, vector, and logic will be introduced. Taught every day. (Required class)</p>	JH Math 8	2 Sem 1.0

SCIENCE

Course Description	Prerequisites	Credit
<p>JH Science 7 This class integrates physical, earth and life science concepts. Curriculum includes the particulate nature of matter, earth structure, cellular biology, genetics and classification of living things according to structures and characteristics they have in common. (Required class)</p>	N/A	2 Sem 1.0
<p>JH Science 8 This class focuses on the theme of change; integrating physical, earth and life science concepts. The standards to be taught relate to observations of chemical and physical change, changes in biological energy, forces, energy and motion, construction machines and changes to the Earth's crust and climate. (Required class)</p>	JH Science 7	2 Sem 1.0

SOCIAL SCIENCE

Note: The State Legislature requires that all Utah students pass the Civics Exam in order to graduate. The exam will be offered in 8th grade and 10th grade. For more information, contact the counseling department.

Course Description	Prerequisites	Credit
<p>JH History 7 – Utah Studies Utah is a state diverse in landscape and people. This course is designed to help students understand the state of Utah at a deeper level by reviewing Utah’s early history and particularly emphasizing Utah from statehood to the present. Students will understand the interaction between Utah’s geography and its inhabitants, as well as the formative contribution of Native American Indians, explorers, and Utah pioneers. The course will also investigate relationships between government and the people of Utah, the many opportunities people must make a living in Utah, the diverse nature of Utah’s people and cultures, and the impact of contemporary events on the land and people of Utah. (Required class)</p>	N/A	1 Sem .5
<p>JH History 8 - US History I United States History I covers events and issues from the Age of Exploration through Reconstruction and the western movement, emphasizing the 18th and 19th centuries. Topics covered will include, but are limited to exploration, colonization, the Revolutionary War, constitutional issues, nation building, the Civil War, Reconstruction, and the western movement. (Required class)</p>	N/A	2 Sem 1.0

WORLD LANGUAGE

Course Description	Prerequisites	Credit
<p>JH Spanish 1A This course will focus on culture, vocabulary, basic greetings and means of communication within the language. This class prepares students for high school Spanish. (Elective class)</p>	N/A	1 Sem .5
<p>JH Dual Language Immersion Spanish 7 This course will focus on the continued development of speaking listening, reading, and writing skills. Narratives and dialogues are used to teach structure and vocabulary. Culture and geography of the native country are taught through reading selections. For dual immersion students only. (Required class)</p>	Completion of Elementary DLI	2 Sem 1.0
<p>JH Dual Language Immersion Spanish 8 This course will focus on the continued development of speaking listening, reading and writing skills. Narratives and dialogues are used to teach structure and vocabulary. Culture and geography of the native country are taught through reading selections. For dual immersion students only. (Required class)</p>	DLI Spanish 7	2 Sem 1.0
<p>JH Dual Language Immersion Spanish Culture and Media 7 & 8 This is a .5 repeating elective for students involved in the Dual Language Immersion sequence. The course will build skills in cultural-linguistic competencies necessary for successful communication with native speakers (reading, writing, speaking and listening). Students utilize media and authentic texts to discuss the diverse cultural products, practices, and perspectives of the Spanish-speaking world. (Elective class)</p>	DLI Students Only	1 Sem .5
<p>JH French 1A This course will focus on culture, vocabulary, basic greetings and means of communication within the language. This class prepares students for high school Spanish. (Elective class)</p>	N/A	1 Sem .5

HEALTH & PHYSICAL EDUCATION

Course Description	Prerequisites	Credit
JH PE 7 This course encourages students to take positive actions to improve their own health. The curriculum covers fitness, mental health, nutrition, drugs, disease, environment, growth and development, consumer health and first aid. (Required class)	N/A	1 Sem .5
JH PE 8 This course continues to develop participation skills and techniques in a variety of team and individual games and activities with emphasis on leadership, courtesy, respect, and fairness. The course also provides aerobic instruction and activity to improve and maintain physical fitness. (Required class)	JH PE 7	1 Sem .5
JH Fitness Exploration This course offers a variety of fitness options (weight training, conditioning, cross-fit, etc.). It follows the same dress standards as PE. Sports are not a part of the class, it's all about fitness. (Elective class)	N/A	1 Sem .5
JH Boy's Weights 8 This class is designed for students with little to no experience in weight training who desire to play high school football and want to tone, shape, and strengthen. Students will learn lift techniques, using free weights and machines to perform upper and lower body lifts necessary to develop muscular strength and endurance. (Elective class)	Grade 8	1 Sem .5
JH Girl's Weights 8 This class is designed for students with little to no experience in weight training who want to tone, shape, and strengthen. Students will learn lift techniques, using free weights and machines to perform upper and lower body lifts necessary to develop muscular strength and endurance. (Elective class)	Grade 8	1 Sem .5
JH Health 8 This course encourages students to take positive actions to improve their own health. The curriculum covers fitness, mental health, nutrition, drugs, disease, environment, growth and development, consumer health and first aid. (Required class)	N/A	1 Sem .5

LEADERSHIP

Course Description	Prerequisites	Credit
JH Values in Leadership 7 This leadership class focuses on teaching self-awareness, service learning, example, civility and self-management with regards to values. (Required class)	N/A	2 Sem 1.0
JH Character in Leadership 8 This leadership class will focus on teaching student's self-awareness, service learning, example, civility and self-management with regards to character. (Required class)	JH Leadership 7	1 Sem 0.5

Fine Arts

VOCAL MUSIC		
Course Description	Prerequisites	Credit
<p>JH Choir: Non-performing This is your opportunity to gain general musical knowledge by singing in an all-volunteer choir: no performances, no costume fees. You'll learn basic music skills: how to read notes, count rhythm notation, good vocal production, independence on your part, and blending as an ensemble. (Elective class)</p>	N/A	1 Sem .5
<p>JH Show Choir (InPulse) InPulse is ALA's advanced mixed junior high show choir. Members of InPulse may be new to the school choir program or they can be an existing choir member. Performance and rehearsal demands are high. InPulse seeks those who are talented, passionate, dedicated to their craft, and who are willing to put in the extra time and energy to hone the craft of a competitive show choir program. Members hoping to be selected for HS Evolution are strongly encouraged to participate. InPulse performs and competes locally. (Elective class)</p>	Audition Only	2 Sem 1.0
INSTRUMENTAL MUSIC		
Course Description	Prerequisites	Credit
<p>JH Band I This is a beginning band class offered for students who wish to learn a brass, percussion or woodwind instrument. Practice outside of class time and performances are part of this course. An instrument is required. (Elective class)</p>	N/A	2 Sem 1.0
<p>JH Jazz Band Jazz Band explores the styles of jazz, blues, funk, bebop, rock, ballads, and swing. Students need to be at intermediate or advanced levels of performing their instrument. (Elective class)</p>	Band I or Teacher approval	2 Sem 1.0
<p>JH Concert Band Concert Band continues band at the intermediate level in the large ensemble setting with wide instrumentation. The course explores a variety of genres – classical, marches, and popular contemporary music. (Elective class)</p>	Band I or Teacher approval	2 Sem 1.0
<p>JH Prelude Strings A beginning course for students learning violin, viola, cello or bass. Course objectives are to play in simple position, with good intonation, tone and posture. Students will learn basic rhythm and note reading. (Elective class)</p>	N/A	2 Sem 1.0
<p>JH Chamber Strings Expand beginning string techniques to the intermediate level. Learn more scales, hand positions, including shifting, and additional bow techniques. Vibrato is introduced. (Elective class)</p>	JH Prelude Strings	2 Sem 1.0
<p>JH Concert Strings Expand beginning string techniques to the intermediate and advanced level. Learn more scales, hand positions, including shifting, and additional bow techniques. (Elective class)</p>	JH Prelude Strings	2 Sem 1.0
<p>JH Piano Lab Students will learn or review basic piano skills and note reading. They will be required to work on and pass off pieces of music at their own level of ability. (Elective class)</p>	N/A	1 Sem .5

DANCE		
Course Description	Prerequisites	Credit
<p>JH Ballroom A & B- (Section A & B need to be included if you plan to be in the class for the full year.)</p> <p>This course offers instruction and practice in the basic social dance steps, rhythms, and techniques. The following dances may be included; foxtrot, cha-cha, waltz, swing, mambo, western swing, and western line dance. Ballroom dancing is something that allows for students to learn great posture, learn rhythm and balance, and learn etiquette through dance moves and interaction with some one of the opposite sex. Basic ballroom elements would include the following: posture, dance positions, line of dance, basic cha-cha, samba, rumba, paso doble and jive figures, basic waltz, tango, Viennese waltz, foxtrot, and quickstep figures. Dynamics—time, weight, flow and space, impulse vs. impact, history of all ballroom dancing. Position of arms, feet, and legs. Flexibility, turns, extensions, shoes, turnout, and chakras. (Elective class)</p>	N/A	1 or 2 Sem .5 or 1.0
<p>JH Dance I A & B - (Section A & B need to be included if you plan to be in the class for the full year.)</p> <p>Dance is a universal language, an expressive and vibrant art with the capacity to unify the physical, mental, social, emotional, aesthetic, and spiritual. This beginning level dance course which builds dance knowledge and skills in technique, improvisation, choreography, artistic expression, performance, history, culture, life skills, and connections to other subjects. (Elective class)</p>	N/A	1 or 2 Sem .5 or 1.0
<p>JH Dance II</p> <p>This is an advanced level dance course which builds dance knowledge and skill in technique, improvisation, choreography, artistic expression, performance, history, culture, life skills, and connections to other curricular areas. Students are required to perform in dance concerts. Extra rehearsals before and after school may also be necessary. (Elective class)</p>	Dance I	2 Sem 1.0
<p>JH Dance Company</p> <p>This is a Junior High company level dance course which builds dance knowledge and skill in technique, improvisation, choreography, artistic expression, performance, history, culture life skills, and connections to other curricular areas. Students are required to perform in dance concerts. Extra rehearsals before and after school may also be necessary. (Elective class)</p>	Audition only	2 Sem 1.0
<p>JH Hip Hop A & B (Section A & B need to be included if you plan to be in the class for the full year.)</p> <p>Hip hop is designed to give the student freedom of movement and at the same time to gain confidence in their ability to move and express themselves. Hip hop is an expression of life put to music. The following skills should be attained as the student progresses in this dance for: Posture, flexibility, balance, rhythm, confidence, popping, locking, breakdancing, stalls, freezes and coordination. (Elective class)</p>	N/A	1 or 2 Sem .5 or 1.0
<p>JH Hip Hop Company</p> <p>This is an intermediate to advanced competition company level dance course which builds dance knowledge and skill in technique, improvisation, choreography, artistic express, performance, history, culture, life skills, and connections to other curricular areas. The prerequisite for this course is by audition. Students are required to perform in the dance concerts. Extra rehearsals before and after school may also be necessary.</p>	Audition only	2 Sem 1.0
<p>JH Tap</p> <p>This is a movement dance class where rhythm, styles, and techniques of tap dancing are introduced to the student. (Elective class)</p>	N/A	1 Sem .5

THEATRE		
Course Description	Prerequisites	Credit
<p>JH Drama I This course is an active, hands-on introduction to theatre. We will cover basic acting techniques, vocal and physical awareness, play production and an introduction to theatre design, history, and criticism. Emphasis is on performance skills and each semester there will be a performance opportunity. (Elective class)</p>	N/A	1 Sem .5
<p>JH Drama II This course is an active, hands-on continuation of JH Drama I. We will continue to cover acting techniques, vocal and physical awareness, play production and theatre design, history, and criticism. Emphasis is on performance skills and each semester there will be a performance opportunity. (Elective class)</p>	JH Drama I	2 Sem 1.0
<p>JH Music Dance Preparatory Company This class involves the development of three skills: singing, dancing, and acting—all simultaneously. This class will strive to improve these skills through practice, and performance. These skills will be further enhanced by learning different vocal styles and dance styles. The art of storytelling through this powerful medium of musical theater will be practiced. Additional practice time is required. (Elective class)</p>	Audition only	2 Sem 1.0
<p>JH Music Dance Theatre Company This class involves the development of three skills: singing, dancing and acting—all simultaneously. This class will strive to improve these skills through practice, and performance. These skills will be further enhanced by learning different vocal styles and dance styles. The art of storytelling through this powerful medium of musical theater will be practiced. Additional practice time is required. (Elective class)</p>	Audition only	2 Sem 1.0
VISUAL ARTS		
Course Description	Prerequisites	Credit
<p>JH Art Foundations 7 This class will provide an art foundation in eight different mediums including: Graphite, Charcoal, Ink, Color Pencil, Watercolor Painting, Acrylic Painting, Ceramics and Oil Based Clay. (Elective class)</p>	N/A	1 Sem .5
<p>JH Art Foundations 8 This class will provide an art foundation in eight different mediums including: Graphite, Charcoal, Ink, Color Pencil, Watercolor Painting, Acrylic Painting, Ceramics and Oil Based Clay. (Elective class)</p>	N/A	1 Sem .5

Career and Technical Education (CTE)

College & Career Awareness		
Course Description	Prerequisites	Credit
<p>JH College and Career Awareness This career & technical education core curriculum is designed to help students explore future careers and interests. Core concepts are planned, integrated, and taught through interactive, hands-on activities using current technology in a lab environment. Students are involved in discovering self, viewing future life options within the context of work and family settings, developing the positive relationships required for communication and teamwork, and identifying the skills required for life's roles. This is an exploratory course that includes three cluster areas of technology/agriculture, business/marketing, and family and consumer sciences/health science. (Required class for Grade 7)</p>	Grade 7	2 Sem 1.0
Architecture & Construction		
Course Description	Prerequisites	Credit
<p>JH Intro to Carpentry/Construction This course will offer an introduction to Carpentry/Construction skills with several hands-on construction projects being part of the curriculum. (Elective class)</p>	N/A	1 Sem .5
Arts, Audio/Visual Technology & Communications		
Course Description	Prerequisites	Credit
<p>JH Photography 7 This course will cover basic concepts for purchasing a digital camera, image capture, image editing and image output. Photoshop or Photoshop Elements will be used in this class. (Elective class)</p>	N/A	1 Sem .5
<p>JH Photography 8 This course will cover basic concepts for purchasing a digital camera, image capture, image editing and image output. Photoshop or Photoshop Elements will be used in this class. (Elective class)</p>	JH Photography 7	1 Sem .5
<p>JH Digital Graphic Arts Intro This course is designed to provide students with the basic knowledge and skills related to the graphic design industry. This class includes instruction and hands-on assignments in the following areas: creative design & layout, typography, color, related software, and computer and professional skills.</p>	N/A	1 Sem .5
Business, Finance & Marketing		
Course Description	Prerequisites	Credit
<p>JH Digital Literacy This course is an introduction to computer literacy. Students will have opportunities to use technology and develop skills that encourage creativity, critical thinking, productivity, and collaboration in the classroom and day to day life. Skills will be demonstrated by creating a project for a different content area. This course is aligned with national and international standards and the Utah Core to prepare students across multiple levels of skills. (Required class for Grade 8)</p>	Grade 8	1 Sem .5
<p>JH Digital Design – Yearbook This class is involved in documenting the school year through photojournalism. Students will learn basic journalism, reporting, layout, and design as they create the Elementary and Junior High yearbook. (Elective class)</p>	Grade 8	2 Sem 1.0
Information Technology & Engineering		
Course Description	Prerequisites	Credit
<p>JH Exploring Technology Exploring Technology is an exciting discovery of the technological systems of four or more of the following technology areas: engineering, medical, agricultural/biotechnology, energy-power, information and communications, transportation, manufacturing and construction technologies. This course will provide opportunities for students to work individually and in a team, while also developing skills in technological design, innovation, and problem solving. (Elective class)</p>	Grade 8	1 Sem .5

Non-Departmental Courses

Course Description	Prerequisites	Credit
<p>JH Credit Recovery English & Math This class is a period for students to complete credit recovery, homework and class assignments under the direction of an instructor in English and/or Math.</p>		
<p>JH Student Government This class fulfills the roles of JH student government at ALA and trains students in creative leadership styles. Participation in after school projects, after school activities, and summer leadership conference is required.</p>	Election or Appointment Grades 7-8	2 Sem 1.0
<p>JH Speech & Debate – A & B Basic debate and argumentation skills along with public speaking skills will be taught including writing and presenting argumentative papers. Students will learn differences between the three forms of debate; fact, value, and policy. Students will learn to research, prepare, and present arguments and discuss current events from multiple points of view. Students will prepare and present speeches in multiple situations and gain confidence in themselves and their public speaking.(Elective class)</p>	N/A	1 Sem .5 or 2 Sem 1.0
<p>JH Study Hall This class provides a computer lab setting for students to do credit recovery, remediation, extra study time, or online course work, and should be utilized by students that need time to study or have Live Interactive classes that don't align to ALA's bell schedule. Attendance will be taken, and students are to be engaged in their studies. A supervisor will be present to assist with academic questions or mentoring needs. (Elective class)</p>	N/A	1 Sem .5